



**Title:**  
**Mind-Body  
Integration  
Strategies in  
Health Promotion  
and Care**



Guest Editor:

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**Overview of Special Edition**

*Mind-Body Medicine (MBM) has grown in interest and research from its beginning in the 1970s with the work of Harvard cardiologist Herbert Benson. It has been employed in both preventive health care and curative/restorative health care in both mental and physical health. MBM has been especially employed in the treatment of trauma and in the arena of energy medicine and energy psychology. Advances include applications of nutrition and physical exercise sciences, merging of some traditional Eastern modalities with Western modalities, and integration of quantum physics with health promotion and care. This Special Edition is devoted to exploring the use of mind-body integration strategies to address important issues in both physical and mental health promotion and care.*

**Papers in the following academic disciplines are welcomed:**

*Chiropractic Medicine  
Medical Sciences –  
Allergy and Immunology  
Cardiology  
Dermatology  
Family Medicine  
Hospice and Palliative Medicine  
Internal Medicine  
Neurology,  
Obstetrics & Gynecology  
Pediatrics  
Physical Medicine and Rehabilitation  
Preventive Medicine*

*Psychiatry  
Rheumatology  
Sleep Medicine  
Naturopathic Medicine  
Social Sciences  
Counseling  
Psychology  
Social Work  
Traumatology*

**Submissions:**

Submit your paper as a Microsoft Word document to [contact@eujournal.org](mailto:contact@eujournal.org) or [mahollingsworth@liberty.edu](mailto:mahollingsworth@liberty.edu)

**Timeframe:**

|                            |                   |
|----------------------------|-------------------|
| Submission Deadline        | October 1, 2024   |
| First decision Peer Review | November 1, 2024  |
| Revisions Due              | December 15, 2024 |
| Final Decision Due         | December 31, 2024 |
| Publication Date           | January 31, 2025  |

**Language:** English

**Peer Review Procedure:** Single blind.

**Publication Fee:** The publication fee is 97 EUR per accepted paper.

**Types of Manuscripts Accepted for review:**

Original research  
Literature reviews  
Hypotheses  
Reviews of conceptual framework  
Simulations and algorithms  
Summarizations of prior work  
Work in progress and Preliminary Results