

Manuscript: “A Cross Sectional Study on the Effect of Stress and Academic Stressors Among International Medical Students of a Romanian University”

Submitted: 12 April 2021

Accepted: 11 May 2021

Published: 31 May 2021

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Doi:10.19044/esj.2021.v17n17p51

Peer review:

Reviewer 1: Dr Shumaila Humayun, Foundation University Islamabad, Pakistan

Reviewer 2: Blinded

Reviewer 3: Stankovska Gordana, University of Tetova, Republic of Macedonia

Reviewer 4: Blinded

ESJ Manuscript Evaluation Form 2020

This form is designed to summarize the manuscript peer review that you have completed and to ensure that you have considered all appropriate criteria in your review. Your review should provide a clear statement, to the authors and editors, of the modifications necessary before the paper can be published or the specific reasons for rejection.

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Reviewer Name: Dr Shumaila Humayun	
University/Country: Foundation University Islamabad, Pakistan	
Date Manuscript Received: 2021-02-25	Date Review Report Submitted: 2021-04-10
Manuscript Title: STRESS AND ACADEMIC STRESSORS AMONG INTERNATIONAL MEDICAL STUDENTS OF A ROMANIAN UNIVERSITY	
ESJ Manuscript Number: 0308/21	
You agree your name is revealed to the author of the paper: *Yes/No Yes	
You approve, your name as a reviewer of this paper, is available in the “review history” of the paper: *Yes/No Yes	
You approve, this review report is available in the “review history” of the paper: *Yes/No Yes	

Evaluation Criteria:

Please give each evaluation item a numeric rating on a 5-point scale, along with a thorough explanation for each point rating.

<i>Questions</i>	<i>Rating Result</i> [Poor] 1-5 [Excellent]
1. The title is clear and it is adequate to the content of the article.	5
The title clearly depicts the study that was performed addressing all questions : who, what, where and why.	
2. The abstract clearly presents objects, methods and results.	4
The abstract presents the background, objectives results and conclusion	

thoroughly.Only minute addition of sample size, sampling technique, study duration is required to give a better idea of methodology	
3. There are few grammatical errors and spelling mistakes in this article.	5
Only one mistake of spelling of “catecholamines” was identified	
4. The study methods are explained clearly.	3
Addition of sample size, sampling technique, study duration is required to give a better idea of methodology.It was not mentioned clearly as to how the open ended question was analyzed, which software was used other than SPSS	
5. The resultsare clear and do not contain errors.	4
The results were clear and had no errors.However the association of stress with academic performance was not addressed in detail.	
6. The conclusions or summary are accurate and supported by the content.	5
The conclusions and summary are accurately written and supported by the content	
7. The references are comprehensive and appropriate.	5
The references are comprehensive and appropriate.	

Overall Recommendation(mark an X with your recommendation) :

Accepted, no revision needed	
Accepted, minor revision needed	X
Return for major revision and resubmission	
Reject	

Comments and Suggestions to the Author(s):

The manuscript is complete in all respect and portrays a good effort by the authors.Only minute additions are required, specially regarding the methodology which is never complete without mentioning: sample size, sampling technique, sample size calculation / estimation, site/ settings, duration of study, inclusion and exclusion criteria

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Date Manuscript Received: 21 April 2021	Date Review Report Submitted: 23 April 2021
Manuscript Title: Stress and Academic Stressors among International Medical Students of a Romanian University	
ESJ Manuscript Number: 0308/21	
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You approve, your name as a reviewer of this paper, is available in the “review history” of the paper: Yes/ <u>No</u>	
You approve, this review report is available in the “review history” of the paper: <u>Yes</u> /No	

Evaluation Criteria:

Please give each evaluation item a numeric rating on a 5-point scale, along with a thorough explanation for each point rating.

<i>Questions</i>	<i>Rating Result</i> [Poor] 1-5 [Excellent]
1. The title is clear and it is adequate to the content of the article.	4
<i>(Please insert your comments)</i> Indicate the study design.	
2. The abstract clearly presents objects, methods and results.	5
<i>(Please insert your comments)</i>	
3. There are few grammatical errors and spelling mistakes in this article.	4

<i>(Please insert your comments)</i> Place citations in alphabetical order separated by a semi-colon.	
4. The study methods are explained clearly.	3
<i>(Please insert your comments)</i> <ul style="list-style-type: none"> • Describe the setting and relevant dates, including periods of recruitment and data collection. • Give the eligibility criteria, and the sources and methods of selection of participants. • Describe any efforts to address potential sources of bias. • Explain the sampling technique used in the study. 	
5. The results are clear and do not contain errors.	5
<i>(Please insert your comments)</i>	
6. The conclusions or summary are accurate and supported by the content.	5
<i>(Please insert your comments)</i>	
7. The references are comprehensive and appropriate.	5
<i>(Please insert your comments)</i> DOIs must always be presented in the format https://doi.org/xxxxxx , for e.g., https://doi.org/10.1080/07448481.2018.1499649	

Overall Recommendation (mark an X with your recommendation) :

Accepted, no revision needed	
Accepted, minor revision needed	X
Return for major revision and resubmission	
Reject	

Comments and Suggestions to the Author(s):

The manuscript is well-structured and easy to understand. It also addresses a subject that is of great interest in the medical education community. However, some information in the methodology section was missing such as study setting, period of recruitment, data collection, sampling technique used in the study, and source of funding. Overall, the authors did a great job.

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Reviewer Name: Stankovska Gordana	
University/Country: University of Tetova/Republic of North Macedonia	
Date Manuscript Received: 21.04.2021	Date Review Report Submitted: 25.04.2021
Manuscript Title: Stress and academic stressors among international medical students of a Romanian university	
ESJ Manuscript Number: 0308/21	
You agree your name is revealed to the author of the paper: Yes/No	
You approve, your name as a reviewer of this paper, is available in the "review history" of the paper: Yes/No	
You approve, this review report is available in the "review history" of the paper: Yes/No	

Evaluation Criteria:

Please give each evaluation item a numeric rating on a 5-point scale, along with a thorough explanation for each point rating.

<i>Questions</i>	<i>Rating Result</i> [Poor] 1-5 [Excellent]
1. The title is clear and it is adequate to the content of the article.	5
<i>(The title is very clear and is in the content with the purpose of the article).</i>	
2. The abstract clearly presents objects, methods and results.	5
<i>(This is the original research article which clearly describes research question and objectives of the study, recognition of limitations and emphasis of the implications)</i>	

<i>of the study, introduces relevant conclusions and introduces relevant literature).</i>	
3. There are few grammatical errors and spelling mistakes in this article.	4
<i>(There are some minor gramatical mistaces).</i>	
4. The study methods are explained clearly.	5
<i>(The study very good and clear explains the relationship between levels of stress, type of stressors and the association with socio-demographic characteristics and academic performance among international medical students of a Romanian university).</i>	
5. The results are clear and do not contain errors.	5
<i>(From the results we can see that the most of students had increased levels of stress, the most of stressors were followed by psychosocial and health-related factors. At the same time the authors found association between increased levels of stress with poor academic performance of students).</i>	
6. The conclusions or summary are accurate and supported by the content.	5
<i>(The conclusions are very clear and are in the context with the main aim of the paper).</i>	
7. The references are comprehensive and appropriate.	5
<i>(The refernces are in the context of article).</i>	

Overall Recommendation(mark an X with your recommendation) :

Accepted, no revision needed	
Accepted, minor revision needed	X
Return for major revision and resubmission	
Reject	

Comments and Suggestions to the Author(s):

The paper is very good and interesting from theoretical and practical aspects. There are some little gramatical mistaces, please see the text again carefully.

ESJ Manuscript Evaluation Form 2020

This form is designed to summarize the manuscript peer review that you have completed and to ensure that you have considered all appropriate criteria in your review. Your review should provide a clear statement, to the authors and editors, of the modifications necessary before the paper can be published or the specific reasons for rejection.

Please respond within the appointed time so that we can give the authors timely responses and feedback.

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Date Manuscript Received: April 19, 2021	Date Review Report Submitted: April 25, 2021
Manuscript Title: STRESS AND ACADEMIC STRESSORS AMONG INTERNATIONAL MEDICAL STUDENTS OF A ROMANIAN UNIVERSITY	
ESJ Manuscript Number:	
You agree your name is revealed to the author of the paper: No	
You approve, your name as a reviewer of this paper, is available in the “review history” of the paper: No	
You approve, this review report is available in the “review history” of the paper: Yes	

Evaluation Criteria:

Please give each evaluation item a numeric rating on a 5-point scale, along with a thorough explanation for each point rating.

<i>Questions</i>	<i>Rating Result</i> [Poor] 1-5 [Excellent]
1. The title is clear and it is adequate to the content of the article.	3
<i>The title will be more clear if the type of study is also included in it.</i> Eg:- <u>A CROSS SECTIONAL STUDY ON THE EFFECT OF</u> STRESS AND ACADEMIC STRESSORS AMONG INTERNATIONAL MEDICAL STUDENTS OF A ROMANIAN UNIVERSITY.	
2. The abstract clearly presents objects, methods and results.	4
<i>Yes, the abstract is clear and aptly written.</i>	
3. There are few grammatical errors and spelling mistakes in this article.	

<i>Yes</i>	
4. The study methods are explained clearly.	4
<i>The study methods are explained clearly</i>	
5. The results are clear and do not contain errors.	3
<i>To explain the results more clearly the author can use figures(e..g: bar diagrams or pie diagrams).</i>	
6. The conclusions or summary are accurate and supported by the content.	3
<i>The authors have mentioned that “Female students presented higher levels of stress than males in this study, similar with most of the studies”. The authors needs to compare with figures the status of K10 findings of other authors regarding the same. The authors may be allowed to include a comparative table for this.</i>	
7. The references are comprehensive and appropriate.	4
<i>The references are adequate.</i>	

Overall Recommendation (mark an X with your recommendation) :

Accepted, no revision needed	
Accepted, minor revision needed	X
Return for major revision and resubmission	
Reject	

Comments and Suggestions to the Author(s):

1. The type of study to be mentioned in the title of the article so that it becomes more appropriate.
2. The authors can use some figures for statistical explanation as the figures help one to understand the statistical variations more easily and also it makes the study more attractive to read.
3. The authors need to compare with figures the status of K10 findings of other authors regarding their finding that the female students have higher stress levels as compared to their male counterparts as according to them this particular finding is supported by other studies. The authors may be allowed to include a comparative table for this.