



Paper: “Efficacy of Integrative Behavioural Couples Therapy and Cognitive Behavioural Therapy in Reducing Conflict and Violence-Related Marital Distress”

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Peer review:

Reviewer 1: Blinded

Reviewer 2: Oscar Esparza-Del Villar
Universidad Autónoma de Ciudad Juárez, México

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ESJ Manuscript Evaluation Form 2020

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Reviewer Name: Oscar A. Esparza	Email:
University/Country: Universidad Autónoma de Ciudad Juárez / México	
Date Manuscript Received: June 29, 2020	Date Review Report Submitted: July 8, 2020
Manuscript Title: EFFICACY OF INTEGRATIVE BEHAVIOURAL COUPLES THERAPY AND COGNITIVE BEHAVIOURAL THERAPY IN REDUCING CONFLICT AND VIOLENCE-RELATED MARITAL DISTRESS	
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Evaluation Criteria:

Please give each evaluation item a numeric rating on a 5-point scale, along with a thorough explanation for each point rating.

<i>Questions</i>	<i>Rating Result</i> [Poor] 1-5 [Excellent]
1. The title is clear and it is adequate to the content of the article.	5
<i>(Please insert your comments)</i> Yes, the title is clear and adequate.	
2. The abstract clearly presents objects, methods and	4

results.	
<i>(Please insert your comments)</i>	
It is a good abstract. It would be better is the name and authors of the instruments used are not included here.	
3. There are few grammatical errors and spelling mistakes in this article.	5
<i>(Please insert your comments)</i>	
The document has an adequate grammar and spelling	
4. The study methods are explained clearly.	3
<i>(Please insert your comments)</i>	
<ol style="list-style-type: none"> 1. He needs to explain how he assigned participants to each group. He says that it is a quasi-experimental design, but there is no mention how subjects were assigned. 2. He needs to explain how long each of the 3 sessions lasted. 3. He needs to evaluate the differences between the 3 groups with posthoc analyses to verify what group differences are statistically significant. 	
5. The body of the paper is clear and does not contain errors.	3
<i>(Please insert your comments)</i>	
<ol style="list-style-type: none"> 1. The introduction, and other sections, should have subtitles that explain the content of the paragraph or paragraphs. 2. The statistics in page 2, are from 1999-2002. He needs to be updated with the most recent ones. 3. In page 3, when explaining therapies, he needs to add more references and explain the difference between CBT and IBCT, since it is not clear. He needs to explain why ICBT is better than CBT. 4. In the hypotheses, there is no mention of the control group and what to expect from it. 5. The first paragraphs of the paper, and a few other in all the document, do not have indentation. Please include the indentation to all paragraphs. 	
6. The conclusions or summary are accurate and supported by the content.	4
<i>(Please insert your comments)</i>	
There is an opportunity to mention the cultural findings of the therapies. It would be of great benefit how couples reacted to this therapy in Ghana.	
7. The references are comprehensive and appropriate.	4
<i>(Please insert your comments)</i>	
Maybe try to find some more recent studies, specifically of the therapies.	

Overall Recommendation(mark an X with your recommendation) :

Accepted, no revision needed	
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Accepted, minor revision needed	X
Return for major revision and resubmission	
Reject	

Comments and Suggestions to the Author(s):

Overall a good study. There are only a few suggestions to make the paper stronger as indicated in the evaluation.