

**Paper: “Degree of Physical Activity in University Teachers Before and During the COVID-19 Pandemic”**

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Peer review:

Reviewer 1: Rajasekhar Venkata Kali  
University of Hyderabad, India

Reviewer 2: Blinded

Reviewer 3: Fernando Espinoza Lopez  
Hofstra University, USA

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Reviewer A:  
Recommendation: Accept Submission  
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**The TITLE is clear and it is adequate to the content of the article.**

Yes, title is clear

**The ABSTRACT clearly presents objects, methods, and results.**

Not comprehensive abstract.

**There are a few grammatical errors and spelling mistakes in this article.**

English is not really appropriate to the standards of journal writing.

**The study METHODS are explained clearly.**

Yes explained

**The body of the paper is clear and does not contain errors.**

Yes clear, but need to be written in a scholarly manner

**The CONCLUSION or summary is accurate and supported by the content.**

Yes

**The list of REFERENCES is comprehensive and appropriate.**

Yes

*Please rate the TITLE of this paper.*

[Poor] 1-5 [Excellent]

4

*Please rate the ABSTRACT of this paper.*

[Poor] 1-5 [Excellent]

3

*Please rate the LANGUAGE of this paper.*

[Poor] **1-5** [Excellent]

2

*Please rate the METHODS of this paper.*

[Poor] **1-5** [Excellent]

2

*Please rate the BODY of this paper.*

[Poor] **1-5** [Excellent]

2

*Please rate the CONCLUSION of this paper.*

[Poor] **1-5** [Excellent]

3

*Please rate the REFERENCES of this paper.*

[Poor] **1-5** [Excellent]

1

**Overall Recommendation!!!**

Accepted, no revision needed

**Comments and Suggestions to the Author(s):**

The entire article writing is very much immature and does not suit to the standards of an international journal. However, the article may be accepted.

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Reviewer E:  
Recommendation: Resubmit for Review  
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**The TITLE is clear and it is adequate to the content of the article.**

The title appears a statement lacking some variables connecting to some part of the content.

**The ABSTRACT clearly presents objects, methods, and results.**

The abstract should have objectives of the paper, so far, there is only one objective. It is important to understand why analyzing the teacher's physical activity was deemed necessary. That could have brought in the purpose of discussing teachers' physical activity before and after COVID-19

**There are a few grammatical errors and spelling mistakes in this article.**

The language is English, but the format is from another language, making it a little challenging to correct grammar. However, the English language looks fairly okay.

**The study METHODS are explained clearly.**

How did the researcher use the questionnaire to measure the levels of stress? That need to be discussed as an objective and in the methodology.

**The body of the paper is clear and does not contain errors.**

It is not clear what else the finding was expected to achieve yet there is a discussion on traumatic effect of less physical activity by the teachers.  
The discussion appears limited to secondary data. What about incorporating the findings into the discussion?

**The CONCLUSION or summary is accurate and supported by the content.**

An objective on the effect of least physical activity by the teachers during covid would have helped to draw this conclusion. A variable from such an objective is implied in the conclusion.

**The list of REFERENCES is comprehensive and appropriate.**

Unfortunately, I could not read it except for one source which is in English. Most of it requires translation to English.

*Please rate the TITLE of this paper.*

[Poor] 1-5 [Excellent]

3

*Please rate the ABSTRACT of this paper.*

[Poor] 1-5 [Excellent]

3

*Please rate the LANGUAGE of this paper.*

[Poor] 1-5 [Excellent]

3

*Please rate the METHODS of this paper.*

[Poor] 1-5 [Excellent]

2

*Please rate the BODY of this paper.*

[Poor] 1-5 [Excellent]

2

*Please rate the CONCLUSION of this paper.*

[Poor] 1-5 [Excellent]

2

*Please rate the REFERENCES of this paper.*

[Poor] 1-5 [Excellent]

2

**Overall Recommendation!!!**

Return for major revision and resubmission

**Comments and Suggestions to the Author(s):**

The topic is very good and come help scholars understand the effect of Physical inactivity among the teachers during COVID19, but the title and the abstract do not bring out that clearly. The objectives of the paper are missing. Only one objective is clearly stated yet the content assumes other objectives. The body content raises some issues that are not previously presented.

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Reviewer F:  
Recommendation: Revisions Required

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**The TITLE is clear and it is adequate to the content of the article.**

The title is clear and adequate

**The ABSTRACT clearly presents objects, methods, and results.**

The abstract is well-organised and provides the necessary information to understand the problem statement, the scope and the findings of the article.

**There are a few grammatical errors and spelling mistakes in this article.**

The article could be improved through more thorough proofreading (e.g., keywords- Fiscal activity instead of physical; this type of activities were; the sentence "but also negative effects on the practice of physical activity" needs to be more clearly rephrased)

**The study METHODS are explained clearly.**

The methods are clearly explained

**The body of the paper is clear and does not contain errors.**

The body of the article is clear

**The CONCLUSION or summary is accurate and supported by the content.**

The conclusion could be expanded (e.g. the limitations of the study were not clearly stated, future research developments are missing)

**The list of REFERENCES is comprehensive and appropriate.**

The references are appropriate

*Please rate the TITLE of this paper.*

[Poor] 1-5 [Excellent]

5

*Please rate the ABSTRACT of this paper.*

[Poor] 1-5 [Excellent]

5

*Please rate the LANGUAGE of this paper.*

[Poor] 1-5 [Excellent]

3

*Please rate the METHODS of this paper.*

[Poor] 1-5 [Excellent]

4

*Please rate the BODY of this paper.*

[Poor] 1-5 [Excellent]

4

*Please rate the CONCLUSION of this paper.*

[Poor] **1-5** [Excellent]

3

*Please rate the REFERENCES of this paper.*

[Poor] **1-5** [Excellent]

5

**Overall Recommendation!!!**

Accepted, minor revision needed

**Comments and Suggestions to the Author(s):**

Dear Author(s),  
your paper is interesting and well-organised and deals with a relevant topic

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Reviewer G:  
Recommendation: Revisions Required

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**The TITLE is clear and it is adequate to the content of the article.**

Yes

**The ABSTRACT clearly presents objects, methods, and results.**

Yes it does

**There are a few grammatical errors and spelling mistakes in this article.**



There are too many grammatical errors and the punctuation is problematic for most of the paper. Many sentences are too long, without proper grammatical separation and punctuation. It makes reading the paper very difficult.

**The study METHODS are explained clearly.**

No, the selection of the number of participants said to have been determined randomly is not described. There must be an explanation of how the random selection was accomplished. Table 1 is unclear, and the significance of the results is questionable, given the large values for the respective deviations. This needs to be clearly explained.

**The body of the paper is clear and does not contain errors.**

As stated before, the grammatical issues prevent the paper from being read with a good flow.

**The CONCLUSION or summary is accurate and supported by the content.**

I am not sure about that, given the many issues found. The closing statement is not clear, and doesn't make much sense.

**The list of REFERENCES is comprehensive and appropriate.**

Yes

*Please rate the TITLE of this paper.*

[Poor] 1-5 [Excellent]

2

*Please rate the ABSTRACT of this paper.*

[Poor] 1-5 [Excellent]

3

*Please rate the LANGUAGE of this paper.*

[Poor] 1-5 [Excellent]

2

*Please rate the METHODS of this paper.*

[Poor] 1-5 [Excellent]

2

*Please rate the BODY of this paper.*

[Poor] 1-5 [Excellent]

3

*Please rate the CONCLUSION of this paper.*

[Poor] 1-5 [Excellent]

2

*Please rate the REFERENCES of this paper.*

[Poor] 1-5 [Excellent]

4

**Overall Recommendation!!!**

Return for major revision and resubmission

**Comments and Suggestions to the Author(s):**

The manuscript needs serious revision since the authors' methodology cannot be properly grasped and followed. There are just too many grammatical issues to allow this reader to follow the thread of discussion of the results.

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